

# D W Winnicott Jacobs Michael

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A Psychoanalytic Approach to Smoking Cessation  
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zwanzig jahre nach erscheinen in amerika liegt die homiletik von robert dykstra nun in deutscher Übersetzung von martin scheidegger vor zusammen mit den fünf darin enthaltenen und besprochenen predigten vermag sie auch heute noch anzuregen und zu inspirieren der theologe und psychologe aus princeton preisgekrönte presbyterianische prediger und begabte seelsorger verbindet in seinem kreativen ansatz psychoanalytische theorie biblische texte und ehrliche auseinandersetzung mit der eigenen seele dykstra langweilt nicht hier wird keine gebändigte harmlose homiletik vorgelegt sondern eine ermutigung und herausforderung zum spiel mit dem feuer mit beiträgen von alexander deeg hans martin gutmann michael meyer blanck ralph kunz und martin scheidegger  
Discovering a sermon twenty years after the publication in the united states the homiletics by robert dykstra is made available in german translated by martin scheidegger and still able to stimulate and inspire contemporary preaching the theologian and psychologist from princeton theological seminary award winning preacher and gifted counselor combines in his creative approach psychoanalytic theory biblical texts and honest examination of one's own soul dykstra is never boring and offers no tamed harmless homiletics but an encourages and challenges preachers to a play with fire

this book presents the view of psychology as a global enterprise the development of which is moderated by the dynamic tension between the move toward globalization and concomitant local

forces it describes the broader intellectual and social context within which psychology has developed

a psychoanalytic approach to smoking cessation the cigarette as a transitional object provides an accessible understanding to the unconscious motive behind smoking addiction using winnicott's concept of the transitional object the book is divided thematically into six parts ko begins by outlining the conscious motives for smoking from a psychological perspective and looks at commercial research conducted by the tobacco industry before using psychoanalytically informed cross disciplinary literature to assess the unconscious motives for smoking she expertly introduces winnicott's view on smoking addiction using his concept of the transitional object and highlights the power of the free association narrative interview method in accessing the unconscious and embedded emotional experiences using clinical examples she illustrates the benefits of this method as a tool to elicit free associations from research respondents she details the parallels between the individual respondents smoking experience as well as their relationship with cigarettes and the seven qualities of transitional objects outlined by winnicott in his 1953 landmark paper ko concludes by emphasising the significance and implications of this thesis to smokers and public health policy as well as the smoking cessation approach and proposed directions for future research this book is an essential resource for psychoanalysts and psychotherapists working in smoking cessation organisations as well as those working in addiction services

the importance of michael jacobs book lies in his attempt to convey winnicott's profound influence jacobs rightly delights in the creativity and imagination of his subject and illustrates these with numerous quotations and descriptions from winnicott's writings what is conveyed throughout the book is the essence of winnicott whose gift was to make psychoanalytic language methods and concepts more widely available accepted and appreciated to a nonpsychoanalytic world british psychological society counselling psychology review one of the best known british psychoanalysts d w winnicott attracts the interest of counsellors and psychotherapists far beyond the strict psychoanalytic tradition in which he was trained he coined many phrases that have entered the discourse of therapy such as good enough mother transitional object and facilitating environment winnicott has had a profound impact on research into the mother baby relationship and his unorthodox manner and sparkling writing style have attracted enthusiastic acclaim in this book michael jacobs summarizes winnicott's life and explains his major theoretical concepts he also rigorously evaluates his practice as a clinician for example the holding and management of deeply regressed patients while highlighting winnicott's brilliance and creativity jacobs is not afraid to scrutinize his contributions more critically he also discusses criticisms others have made of winnicott notably within the psychoanalytic movement the final chapter assesses the influence of winnicott's thinking in other countries as well as in britain

this bestseller provides a comprehensive introduction to the theory and practice of counselling and psychotherapy

playing at work offers a thorough guide to the innovative psychoanalytic practices of vincenzo bonaminio as he draws on the work of winnicott bollas and tustin to demonstrate an effective method for working with adults adolescents and children in clinical settings using several clinical cases the book explores central psychoanalytic concepts such as transference and countertransference identity and self embodiment anxiety and the role of parental influence on psychic development by providing extended commentary on his case material bonaminio

illustrates the significance of writing about clinical practice to the development of techniques that address patients varying needs simultaneously this text offers a method that cultivates each patient's capacity for intuition and the use of metaphor to form their own interpretations and thereby invests a sense of freedom into the analytic situation by its deeply reflective insights and its emphasis on the contribution made by the analyst as an active participant in the therapeutic situation playing at work forms essential reading for all practicing psychoanalysts and psychoanalytic psychotherapists who wish to improve their clinical practice with patients of any age

die philosophie der lebenskunst gehört seit ende des 20 jahrhunderts zu den aktuellen denkrichtungen die nicht nur in lehre und forschung vertreten sondern auch von einem breiteren publikum wahrgenommen werden in ihr geht es um ein gelungenes schönes und glückliches leben im fokus des vorliegenden buches stehen kritische perspektiven auf die realisierung von lebenskunst in spezifischen biographischen sozialen und kulturellen kontexten zu fragen ist wer übt wie kritik woran und welche motivationen und ziele verfolgt er dabei diese fragen werden mit blick auf individualität soziale beziehungen kulturelle strukturen prekäre lebensverhältnisse therapeutische praktiken bausteine für ein gutes leben und gesellschaftliche veränderungsprozesse je unterschiedlich beantwortet kritisch zu sehen ist dass in der debatte um die lebenskunst bis heute ein aristokatisch elitärer und ideologisierender unterton mitschwingt sozialwissenschaftlich rücken mit diesem aristokratismus derlebenskunst aspekte der ungleichheit und der benachteiligung ins blickfeld dabei drängen sich fragen auf ob der an einer sozialen elite orientierte lebenskunstbegriff noch tragfähig ist ob prekäre verhältnisse lebenskunst überhaupt zulassen welche kompetenzen für die lebenskunst des gewöhnlichen lebens bedeutsam sind und inwieweit eine kritische lebenskunst über die philosophie hinaus human sozial und kulturwissenschaftlicher analysen und strategien bedarf eine wende von einer individualistisch elitären zu einer demokratisch orientierten richtung der lebenskunst erscheint geboten dabei geht es einerseits um haltungen und fähigkeiten die potentiell viele vielleicht sogar alle menschen in der gestaltung ihres lebens verwirklichen können und andererseits geht es auch um politische soziale und kulturelle rahmenbedingungen die ein geglücktes leben in der moderne ermöglichen mit beiträgen von jens beljan cord benecke felix brauner andreas brenner eike brock peter bubmann daniel burghardt karl august chassé karin dannecker markus dederich heinrich deserno johannes drerup rüdiger eschmann ferdinand fellmann guenter gebauer günter gödde antje gumz ludger heidbrink karla hoven buchholz michael klöpper manuel knoll dominik krinninger franziska lamott wolfgang mertens thomas munder juliane noack napoles johannes oberthür werner pohlmann jann schlimme siegfried preiser kai rugenstein silvia schneider ralph sichler werner stegmaier timo storck svenja taubner peter theiss abendroth susanne völker ralf t vogel roland voigtel tilman watzel gabriele weiß christof windgätter christoph wulf robert zimmer und jörg zirfas

das neue standardwerk zeitgemäß ressourcen spielen eine zentrale rolle in der psychotherapie praxisnah wie können ressourcen aktiviert und für die therapie genutzt werden das lehrbuch vermittelt ein zeitgemäßes verständnis psychodynamischer psychotherapie als ressourcenorientierter beziehungswissenschaft zentrales anliegen ist es eine behandlungskonzeption vorzustellen die den reichtum des psychoanalytischen erfahrungswissens bewahrt und gleichzeitig den befunden moderner neuro und entwicklungswissenschaften und den ergebnissen der empirischen psychotherapieforschung rechnung trägt dabei zeigt sich dass das weithin anerkannte wirkprinzip der ressourcenorientierung hervorragend mit einem psychodynamischen therapieverständnis vereinbar ist eine ressourcenbasierten psychodynamische beziehungsgestaltung bildet die grundlage für die bearbeitung unbewusster konflikte struktureller einschränkungen und traumatischer erinnerungen

beneath the mask presents classic theories of human nature much as each theorist might if the theorist were to teach his or her ideas to people encountering them for the first time through a theorist by theorist approach this eighth edition continues to explore the ideas of personality theorists developmentally incorporating the personal origins of ideas to illuminate links between the psychology of each theorist and that theorist's own psychology of persons beneath the mask presents the sequence of thinking for more than 20 theorists and demonstrates how the thinking that led to major theories is nested in the life experience of the theorists within the context of the surrounding culture the authors emphasize each theorist's life history as the basis for the ideas that constitute his or her theories making them easier to understand as pictures of human nature john p wilson has revised the text in a manner that preserves and improves upon the best features of the late robert n solloid and christopher monte's work

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